



# Family First

Tuesdays from 9:30-11 AM in Hendricks Hall

Kick-off Sept. 19, Sessions Sept. 26-Dec. 19

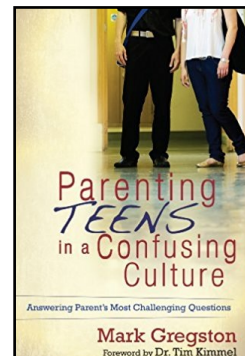
Childcare Provided.



## Mom to Mom

Open to all St. Brigid moms, Family First's "Mom to Mom" is a vibrant, women's faith sharing group which focuses on motherhood, women's spirituality, and parenting material from a Catholic perspective. Whether you're a "rookie" or "veteran," please join us to share and gain wisdom with support both from other moms like you and also our experienced Catholic facilitators, Kathy Kelly and Kim VanHuffel. Please see below for details on the books offered for our Fall 2017 session. We hope you can join us for one or both!

<p><b>Head &amp; Heart: Becoming a Spiritual Leader for Your Family</b></p> <p><i>Begins September 26th</i></p> <p><i>Meets Every Other Tuesday</i></p>	<p><b>Parenting Teens in a Confusing Culture: Answering Parent's Most Challenging Questions</b></p> <p><i>Begins October 3rd</i></p> <p><i>Meets Every Other Tuesday</i></p>
<p>Author Katie Warner unveils 7 characteristics of strong spiritual leaders and provides practical tools for leading and loving our families toward heaven. Find deeper meaning in your God-given vocation by implementing some of her tips, such as having a mission, prioritizing prayer, and cultivating peace.</p>	<p>With 30 years counseling teens and their parents, Mark Gregston answers 32 tough questions asked by parents of teenagers who are growing up in a "post-Christian" culture. Filled with practical wit and Biblical wisdom, advice is given on drugs, alcohol, sexuality, technology, rebellion and more.</p>



Please contact Family First chairpersons Melanie Pizzino at [mjpizzino@gmail.com](mailto:mjpizzino@gmail.com) or Gretchen O'Reilly at [gsoreilly@yahoo.com](mailto:gsoreilly@yahoo.com) for more information. Books available for purchase at the meetings or from online merchants.