

14 STATIONS OF PRAYER

1. LITTLE BLACK BOOK

Each *Little Book* has been carefully crafted to help you explore the depths of Scripture and deepen your relationship with Christ. For personal devotional time, and spend some quiet time with the Lord. **Make it a habit to use the book every single day for personal devotion time and spend some quiet time with the Lord. The *Little Black Book* for Lent is now available for download in eBook format. ([Amazon](#) | [iTunes](#) | [Barnes and Noble Nook](#) | [Google Play](#))** This will make it easier for those with vision limitations.

2. SCRIPTURE

Buy a Bible if you don't have one and begin reading the New Testament for 15 minutes each day.

Go to www.usccb.org for the daily scriptural readings.

Join the Lenten Small Group Faith Sharing

3. ONLINE AIDES

3-minute Retreat APP: Take your daily moments of prayer with you wherever you go.

Sacredspace.ie. Invites you to make a sacred space in your life each day, uses daily scripture.

Google Richard Rohr, Bishop Robert Barron to sign up for daily Lenten reflections.

4. MASS

Attend an **extra** Mass during the week.

5. ROSARY

- Pray the rosary on your own or as a family
- Attend the rosary on Thursdays at 7PM in the Church

6: MEN'S SPIRITUALITY

Join with other men in the parish for coffee, prayer and conversation. First and Third Saturdays at 8 AM in Hendricks Hall

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7. PARISH OPPORTUNITIES

- Soup Suppers 6 PM in Immke Room March 7, 14,21,28, and April 4
- s of the Cross 7 PM in Church March 7,14,21,28, April 4

There are many wonderful and varied opportunities for prayer during Lent. Take time to read the Parish Lenten Book on parish website www.stbrigidofkildare.org for more ideas.

8. PARISH PRAYING TOGETHER

- Taize Prayer – March 5 at 7 PM Church
- Vespers (Evening Prayer) Sundays, March 12, 19 and 26 at 5 PM
- Exposition of the Blessed Sacrament on First Fridays anytime between 9:30 AM and 5:00 PM
- The Blessed Sacrament Chapel is open from 8AM until 8PM take time to spend some time in quiet adoration.

9. READING

Buy a book and spend time each day reading and reflecting.

- Jesus- A Pilgrimage by James Martin
- The Church of Mercy by Pope Francis
- Jesus, Our Brother by Wilfred J. Harrington
- The Gift of Years by Joan Chittister

10. FORGIVENESS

- Use this Lent to reconcile with a family member, a friend, God
- Focus on praying the Our Father
- Offer forgiveness or Accept forgiveness Attend the Parish Reconciliation Service

11. DISCONNECT TO CONNECT

For one-day refrain from using your e-mail, iPad, Facebook, twitter, TV, even your phone (except for emergencies).. Communicate with others **without** using these devices and rediscover the art of simple conversation.

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12. SIMPLE SUPPER

Connect this to the Rice Bowl. For 41 years Catholic Relief services (CRS) has offered Operation Rice Bowl during Lent to families and faith communities in the United States who want to put their faith into action. Combining the two traditional Lenten practices (fasting and alms giving) to change the lives of those who suffer in poverty.

13. PRAY BY REACHING OUT

Part of prayer is reaching beyond ourselves, below are several opportunities for you to do that.

- ASH WEDNESDAY FOOD DRIVE Before and after Masses on Ash Wednesday members of the Social Action Committee will be collecting donations for the Dublin Food Pantry and Glidden House. Members of our EPIC Middle School Youth Group will be helping with this drive.
- March 23 7PM Hendricks Hall Christine Monney, a veteran of corrections and social work, having served as warden of three different prisons and as an interim director of the Ohio Department of Youth Services will offer a presentation to introduce you to Kindway Matters.. Kindway Matters is an organization whose mission is to invest in the lives of those impacted by incarceration. Kindway's rich history includes visionaries who set a standard of excellence for serving others. Countless acts of kindness to individuals and families in need, and to incarcerated men and women have defined who we are. Kindway volunteers accompany people being served on their journey toward independence. To invest in the lives of those impacted by incarceration.
- Easter Basket Project for Holy Family and Dublin Food Pantries. Social Action Committee will be collecting Easter candy, cookies, crackers, dried fruits during the week-ends of March 18/19 and March 25/26. EPIC is part of this project.

14.. DESIGN YOUR OWN PRAYER

- Decide what you are going to do during Lent.

2017 10000 Lenten Prayer Challenge

To encourage and inspire our personal focus on daily prayer, our parish will participate in a prayer challenge during Lent. Our goal is to pray 10,000 hours as a total parish. Last year we barely made it over our goal. We can do better!!!

As a parish, we want to storm heaven with prayer for ourselves and for others. Through our prayer we can begin to establish a culture of encounter. There are so many people, places, situations in our own lives, the lives of others and across the world that are in need of prayer.

The 10000 Hour Lenten Prayer Challenge is not a competition but a contribution to the well being of our parish and our world.

You may use formal prayer or the prayer of social action. You may use the prayers you learned as a child or the prayers that spring up from your heart. You may pray privately or with others.

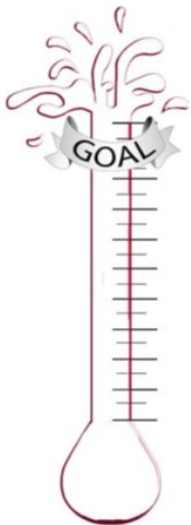
We can make a difference but we have to choose to do that.

HOW DO I LOG HOURS?

To log your time spent in prayer, simply go online to stbrigidofkildare.org, scroll to the bottom of the page, and type in the minutes you prayed today (or this week), and click "submit".

Enter your prayer minutes daily, or save them up to enter once a week – either way works.

Let's see what a difference we can make as a parish - praying together and for each other and for our world during the Lenten and Easter Seasons! Let us create a culture of en-



WEAR YOUR BUTTON

10,000 Hour Prayer Buttons are available in the Gathering Space. You can wear the button on your jacket, your shirt, your bag or purse— even on your key chain.

Just remember to wear it all during lent as a reminder to pray each day, and as a sign of your solidarity with St.. Brigid of Kildare' Parish commitment to prayer.



LENT 2017



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YOU ARE ALWAYS WELCOME