



**Family
First**

Tuesdays from 9:30-11 AM in Hendricks Hall

Sessions January 9th - April 24th

Childcare Provided.



Mom to Mom

Open to all St. Brigid moms, Family First's "Mom to Mom" is a vibrant, women's faith sharing group which focuses on motherhood, women's spirituality, and parenting material from a Catholic perspective. Whether you're a "rookie" or "veteran," please join us to share and gain wisdom with support both from other moms like you and also our experienced Catholic facilitators, Kathy Kelly and Kim VanHuffel. Please see below for details on the books offered for our Winter 2018 session. We hope you can join us for one or both!

Getting Past Perfect: How to Find Joy and Grace in the Messiness of Motherhood

Begins January 9th

Meets Every Other Tuesday

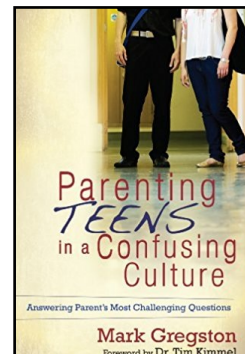
Author Kate Wicker helps moms overcome social-media-inspired perfectionism by replacing your deepest fears with trust in God and the freedom to love authentically. If you've ever felt like you're not enough or struggle to do it all, this book will remind you of your true identity: beloved daughter of God.

Parenting Teens in a Confusing Culture: Answering Parent's Most Challenging Questions

Continues January 16th

Meets Every Other Tuesday

With 30 years counseling teens and their parents, Mark Gregston answers 32 tough questions asked by parents of teenagers who are growing up in a "post-Christian" culture. Filled with practical wit and Biblical wisdom, advice is given on drugs, alcohol, sexuality, technology, rebellion and more.



Please contact Family First chairpersons Melanie Pizzino at mjpizzino@gmail.com or Gretchen O'Reilly at gsoreilly@yahoo.com for more information. Books available for purchase at the meetings or from online merchants.