**While we desire for couples who are seeking the sacrament of matrimony to participate in person formation using *Fully Engaged* and the diocesan Pre Cana Formation Day, we understand there are a variety of reasons that this may not be feasible for them. If a couple is requesting an alternative option, it is at the discretion and approval of the pastor the couple is working with on marriage preparation to determine what would be the best option for their preparation.**

**Below are our recommendations to parishes for alternative online options.**

***For couples who are needing to do full preparation (i.e. unable to complete Fully Engaged):***

**Catholic Marriage Prep**

* $239 (or $289 for couples who have less than 3 weeks to prepare under “Urgent Care Program”)
* One on one mentor led program that takes 4-6 weeks with the couple.
* Convalidation Prep
* NFP Training also available
* Covers the theology in depth
* <http://www.catholicmarriageprep.com/course-info/courses-info>

**Living Our Faith in Love**

* $195
* Solid video and theology series covering all required topics
* Covers NFP
* <https://livingourfaithinlove.com/course/>

**Joy-Filled Marriage\***

* $210
* Beautiful presentation of the theology and life skills
* Attractive and diverse
* Live Guided Discussion
* Comes with the option of buying the books
* [Joy-Filled Marriage, Self-Paced Online Course with Live Guided Discuss – Ascension (ascensionpress.com)](https://ascensionpress.com/collections/joy-filled-marriage/products/joy-filled-marriage-self-paced-online-course-with-live-guided-discussion)

***(\*recommended option)***

***For couples needing to complete the Pre Cana (Marriage Formation Day):***

**Franciscan at Home (4 Workshops: “Sacred Scripture: The Big Picture”, “The Sacrament of Marriage”, “A Foundational Vision: Theology of the Body”, and “An Introduction to Spiritual Combat”)**

* $75
* short videos with reading and questions for the couples to complete that can be sent to the pastor or parish rep
* Solid teaching on the Sacrament of Marriage, Theology of the Body, and Spiritual Life
* Covers main points that are covered in the Diocesan Marriage Formation Pre Cana Day
* Will need to be instructed on NFP by mentor couple and/or Pastor
* <https://dioceseofcolumbus.org/registeronline>

Final Thoughts

If a couple is needing to complete everything virtually, it is recommended that they do both a full preparation and the Franciscan at Home. A couple could also do one or the other depending on their circumstances (i.e. They are able to complete *Fully Engaged* but are unable to attend a Pre Cana Formation Day in person).

The Pastor can also prepare the couple one on one if he deems it is best for the couple’s preparation for the sacrament. Also, the Pastor has the right and authority to request a couple any additional steps in order for a couple to be prepared, especially if there are any impediments that may have arisen during the preparation phase. Please feel free to contact the Office of Marriage and Family for further assistance if needed.